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- ► Regions are not boxes. (Today)
- Regions are best defined in polar-like coordinates. (Next time)

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You may need to try multiple projections to find the easiest integral to integrate. Then use all the tools in your toolbox to integrate it.

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$$\iint_{\substack{D=\text{circle} \\ x^2+z^2=4}} \left(\int_{x^2+z^2}^4 \sqrt{x^2+z^2} \, dy \right) dA$$

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There is no y, so the innermost integral is easy:

$$= \iint_{\substack{D = \text{circle} \\ x^2 + z^2 = 4}} \left(\sqrt{x^2 + z^2} \cdot y \right)_{x^2 + z^2}^4 dA$$

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This integral is easier to do using

Loose ends

Density in three dimensions

▶ Given a mass density function $\rho(x, y, z)$ (mass per unit volume)

$$\mathsf{mass} = \iiint_E \rho(x, y, z) \, dV.$$

Average value in three dimensions

▶ The average value of a function f(x, y, z) over a region E is

$$f_{ave} = \frac{1}{V(E)} \iiint_E f(x, y, z) dV.$$